

Empowering Parents Together
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Empowering Parents Together

Working together today,
Improving their tomorrows.

EPT NEWSLETTER

FRI, 11 AUG 2017

Don't forget EPT is run by parents for parents. It is your voice, so if you wish to send in anything you think other members may find useful or of interest for inclusion in the E-News, please send it to info@empoweringparentstogether.org.uk.

Representation, Consultations & Campaigns

Reports on Representation and Consultations effecting our members.



Become An AbilityNet Tester

AbilityNet provides testing services for a wide range of customers and are always looking for disabled people to join their network. This is ad hoc paid work and not a full-time job, but may help make the world a more accessible place. Follow the link for more details.

In The News

Topics in local and national news that may affect or be of interest to EPT members. Where there are links, these will take you to the articles in question.

Scope's Radical Plans May Put DPO Funding In Jeopardy

Disabled charity Scope, who have been funding the local Face-2Face Befriending service are planning massive changes to how they are organised by selling off ALL of its residential homes and special schools. Beyond no longer funding the administration, how the changes to their organization will affect the Befriending service is currently unclear at this time.



World's First Ultra Accessible Theme Park

A father from Texas realised there was no theme parks where his disabled daughter could play. So he decided to build one.

Lack of Accessible Toilets Force Paralympian to Elect for Surgery

Being forced to wet yourself on a train journey due to lack of functioning facilities (even though you check for accessible loos) has caused a top athlete to elect to have surgery to have a catheter fitted when she had no medical need.

Useful Information & Publications

After all, knowledge is power.

Free Swimming @ Waltham Forest Pools

A non-Waltham Forest resident has shared that by completing a form and showing her child's ASD diagnosis letter they were able to sign them both up for free swimming at all Waltham Forest pools for a year for £7.20. They will take a photo & provide you with cards to access the facilities on subsequent visits. Apparently, this applies to any swimming session in any pool in the London Borough of Waltham Forest.



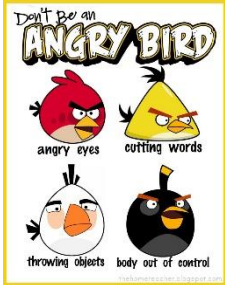
Scope's Mindful Monsters

Kids can sometimes find their emotions tricky to deal with. MM can help them find ways to deal with their worries and frustrations, be braver, more curious and bounce back from life's challenges. Regular monthly deliveries of family fun. £75 per year or £7.50 per month.



The Blinks Supporting the Emotional Wellbeing of CYP

'The Blinks' is a series of story books for children and young people created by Andrea Chatten, a highly experienced Children's Emotional & Behavioural Psychologist. Each story tackles a different emotion - anger, self-esteem, worry - and has an accompanying reference manual for parents, carers and teachers.



Don't Be An Angry Bird: Lessons on Anger Management for Kids

Available from The Home Teacher. No idea how appropriate they are or easy for our children to understand and use but if they're into Angry Birds then it may be a useful tool, especially as you can get free printables.

Change4Life Team Up With Moana

Running out of inspiration of what to do with your young ones. Get your kids moving with action packed, Disney inspired adventures 10-minute shake ups.



Future Events

Follow the link above to the EPT FB Events Page and the links below to details of newly listed events.

Sat 12 Aug 2017

Don't judge but I was watching an add with Peter Andre, and thought, "oh our kiddies love the golden arches even if we don't". So, if you're planning a trip, check out the website to see if there is a Family Fun Event on. I found this one in Leytonstone 4-6pm but there may well be others elsewhere. Follow the link to see what you can find.



EPT Parent Carer Events



Term Time Tues Share & Care



Does your child or young person receive extra help in education?

Are you looking for support to help you and your child?

Would you like to meet other parents in your situation?

Come along and meet other parents, share experiences, advice, tried & tested strategies as well as provide mutual support.

Refreshments available.

EPT
Empowering Parents Together

KEEP CALM and SHARE THE LOAD

Getting the correct support is the key to reaching potentials.

Would you like to attend themed sessions and specialist training?

Generally, specialist sessions are on 4th Tues. Check dates & details on EPT website & FB.

Join EPT free now to get specialist training & workshop info direct to your inbox as well as free priority places.

May require booking.

12 Sep 2017 - 17 Jul 2018

10:00 - 13:00

Fullwell Cross Library
170 High Road, Barking
Eren. 160 288

For Membership & All Other Enquiries
07737 095950
info@empoweringparenttogether.org.uk

Starting Tue 12 Sep 2017 - Tue 17 Jul 2018 - Term-Time Tuesday Share & Care

Every Tuesday during term time, EPT is hosting an event at Fullwell Cross Library. Come along and meet other parents, share experiences, advice, tried & tested strategies as well as provide mutual support. Refreshments will be available. Some weeks there may be themed sessions and specialist training. Generally, specialist sessions will be scheduled on the 4th Tuesday of the month. Do check dates & details on the EPT website & FB page. Free and/or priority places on specialist training & workshops will be given to EPT members, especially on sessions where places have restricted numbers.

Starting Mon 14 Aug 2017 - EDS Yoga Sessions for the Deaf Community

Free 12 week yoga course for the deaf community in Walthamstow. Follow the link for details and how to register. Sessions are from 4-6pm.

YOGA for DEAFIES Free Entry!

14 AUG. MONDAY
4PM - 6PM

7 Blackhorse Lane,
Walthamstow, E17 6DS

The nearest tube station is
Blackhorse Road

women and men are welcome

SPACES ARE LIMITED
BOOK YOUR PLACE NOW!

#walthamstow #yogafordeafies #eds

And finally some summer fun on this dreary day. The British can be a peculiar lot & marry that with synchronised swimming, well, enjoy (or not) this snippet from the St Mawes Carnival 2017.